



**We help
people live
better lives.
So can you.**



Dear Liz,

August 26, 2020

Every day since the coronavirus pandemic upended life as we know it, our team at Sound has rallied around our clients, providing essential support on the front lines of this unprecedented public health crisis.

Every day, Sound therapists provide **vital behavioral health and addiction treatment** through a 24-hour urgent care model that keeps people in recovery, out of emergency departments, and away from hospitals.

Every day, our team members provide **therapy and counseling over the phone and via video**, working with clients to problem-solve how to meet their most basic needs: food, shelter, and personal connection.

Every day, the **essential workers at Sound show up for the most vulnerable members of our community**, many of whom are being disproportionately impacted by COVID-19, because they are people of color, low-income, homeless, and/or struggling with addiction.

Today, I invite you to show up for Sound, so that we can continue to meet the growing needs of more than 26,000 Sound clients all over King County.

Make a one-time or recurring gift online at www.sound.health

Your one-time or monthly gift of \$25 or more to our **Sound Safety Net Fund** provides our clients:

- **A lifeline of hope** – Many people we serve do not have phones, leaving them isolated, with limited support. Through our Sound Safety Net Fund, prepaid mobile phones that are preset with their therapist's phone number help our clients stay connected to counseling while staying at home, preventing unnecessary hospital visits.
- **A safe place to stay** – Many of Sound's clients are homeless. When they are in crisis, we provide much-needed transitional housing and motel vouchers to help everyone in our community stay healthy and safe. While there, Sound's clinical teams reach out to provide mental and physical health services and addiction support.

(over, please)

- **Daily medication and care** – Sound provides essential medical care and prescriptions for our clients. Our Sound Safety Net Fund helps fill the gap when clients are struggling to afford treatment. Our fund also provides basic yet vital hygiene items to help keep our clients and our community healthy and strong.

Every day at Sound, we do all that we can to give our clients a sense of safety, stability, and hope. Sometimes, they need more: the basics to get them through the day.

“The Sound Safety Net Fund has helped our team members support our clients in times of crisis, by providing much-needed basic supplies, things we often take for granted. The items we are able to purchase have a profound positive impact in the lives of people we serve.”

– Richelle Nordeen, Program Director at Sound

Every day, everyone at Sound remains dedicated to serving our community, committed to showing up and meeting each and every client wherever and however they need support.

Today, we need your support. Please make your gift to the Sound Safety Net Fund today.

Please stay safe and healthy.

Warmly,



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P.S. Make your tax-deductible gift by mailing us your payment with the enclosed form. Or make a one-time or recurring gift online at **www.sound.health**. Thank you!

**SAVE
the
DATE**

Join us on **October 23rd at 12 noon** for our annual virtual fundraising event **IMAGINE!** Spend some time with our emcee Mark Wright of KING TV, listen to live jazz, watch local poet Ben Yisrael perform, and most of all, support Sound in helping our community members become healthy, stay healthy and thrive!
Learn more at www.sound.health/Imagine2020